

Weekly Greening

Committed to
Going Greener
Week-by-Week
in Campus Life

(still) Happening in DC -THIS WEEKEND!

Green Festival



When: October 10-11

Where: Washington Convention Center

How much: \$15

What: Speakers, 125 speakers, 350 green businesses, workshops, films, Fair Trade pavilion, toga classes, organic beer and food, live music, info on DC environmental initiatives

Why: Did you just read the "what?" It's going to be **awesome!!**

Visit greenfestivals.org for more information

Eco-Friendly in the Office

Carpooling

On a trial basis, there has been a carpool site set-up for the Office of Campus Life. This is not in any way affiliated with American University, just something I am testing out as a possibility for our office.

If you would like, please log on to carpoolworld.com/ocl. You register for free and have the option to expand your search for a carpool outside of OCL. I would love and greatly appreciate any and all feedback regarding this trial. Thank you!



Source: carpoolworld.com

By the Numbers

Average cost of commuting per person/month in OCL: **\$136.76**

(based on 25 mile round-trip commute, gas prices at \$2.35/gallon, 27 mpg, \$117/month permit and AAA 2008 report on mid-size car wear and tear)

If you carpool with 1 other person: \$68.38
2 other people: \$45.59



Source: 511.org

Eco-Friendly in the Home

Fall Farmers Markets

We all want fresh food but when some fruits and veggies are technically available all year-round in the grocery store, it's hard to know what's "in season" and what isn't. Here is a brief unofficial guide on what to look for at local farmers markets in the fall months as fresh, delicious, and at their peak "yum" time:

- Winter Squash (October-December)
- Concord Grapes (October)



- Pomegranates (September-January)
- Apples (Good now: Gala, Jonagolds and Honeycrisp; Late October: Granny Smith)
- Brussels Sprouts (October-February)
- Eggplant (Actually a berry and hitting its peak RIGHT NOW due to an unusually warm fall season)
- Sweet Potatoes (November-December)



Source: thedailygreen.com